

Nottinghamshire Ramblers AGM 2016

Des Garrahan
Chair of Ramblers Board of Trustees

ramblerschair@ramblers.org.uk

@ramblerdes

Congratulations

You are 80 & still going strong !



25,000 volunteers 108,000 members

Safeguarded 140,000 miles of public path
and 1 million hectares of open access land in
England and Wales.

Sweated on 102 path maintenance teams
who improved over 600 paths

Saved over 800 paths overall from being
blocked, closed or badly diverted





1935 Handbook gives details of walker friendly pubs and hostels

1946 Ramblers Holidays founded

1970s Expansion of local groups

2012 Ramblers Routes launched

2015 Big Pathwatch launched

...and through it all we have
helped people go walking

A million
people use
our
websites
Every group
has editable
pages

Britain > Go walking > Find a group > Kent > East Kent Walking

East Kent Walking



Group name: East Kent Walking

This group is a part of **Kent Area**.

Website: <http://www.ekwg.co.uk/>

Our activities include: Walks for people in their 20s and 30s, Walks for people in their 40s

Our groups help local people enjoy walking and protect the places we all love to walk. Most groups organise regular walks led by local experts – a great way to get outside, make new friends and discover how walking boosts your health and happiness. You're very welcome to try walking with us, or to get involved in looking after paths and green spaces and opening up new places to explore.

East Kent Walking Group 20s-40s is a group specifically for younger people within Kent Area of the Ramblers. We are a friendly and welcoming group made up of couples and singles and there are usually between 10 and 25 people on an average walk so you'll get to meet loads of people! We walk between 8-10 miles every Sunday and there are also shorter walks most Saturdays and one evening in the week during the Summer for some after-work stress relief. Our Sunday walks usually incorporate a pub stop for lunch or a drink in one of the many pretty countryside pubs across East Kent and we have a very active social life, regularly meeting up for dinner, cinema, drinks, BBQs etc. You can find all the details about the group including our walks programme and contact details on our website www.ekwg.co.uk or Facebook page EKWG or e-mail the Chairman, Alison Hargreaves on chairmanekwg@gmail.com for more information.

- Join the Ramblers and become a member of East Kent Walking Group.
- Routes nearby
- Report a path or access problem

Our group walks

- Age range 20s-40s. Circular walk from the Halfway House, Challock
Sunday 9 November 2014 at 10:00
A moderate 5 mile / 8 km walk
- Circular walk from the Ship Inn Cobham
Sunday 16 November 2014 at 10:00
A moderate 10.5 mile / 16.9 km walk
- Age range 20s-40s. Linear walk from Herne Bay to Whistable

We support
more short
health walks
than any
other
organisation





As a Ramblers member you will benefit from:

- A lifetime card or something further and better? Whatever challenge you want to try, your local Ramblers group are here to walk with you.
- A 50% discount off your first year's membership. Available for anyone joining from a 12-month period.
- A choice of over 40,000 walks every year, run by Ramblers volunteers.
- The best online library of walking routes in Britain. With Ramblers you can walk your favourite paths or discover new ones.
- A priority subscription to our award-winning *Walk magazine*.
- Personal discounts from our partners.

Joining the Ramblers is quick and easy. Simply go online at www.ramblers.org.uk/join or to the nearest branch or call 0800 7338 0080. You can be sure of a very warm welcome.

Together we will:

- Help ourselves, using what we've got. Our members can enjoy any of our walks, anywhere. The Ramblers have hundreds of walk leaders and our volunteers, who, wherever they walk, will make sure you have a safe and enjoyable, well-organised walk with one of our 1000+ right for you.
- Protect and support the places we love. The Ramblers campaign to maintain and restore the places we love. We're working to make sure that in enjoying walking, we don't close off our paths and paths, perhaps make a difference to millions of lives who enjoy the outdoors. The Ramblers will support us to work to make sure our green spaces for everyone to enjoy.
- Support our volunteers. Over 25,000 volunteers share their love to help the Ramblers. From leading walks, to organising events, volunteers in our local Ramblers group will help you enjoy walking and have a new challenge, wherever you want to try. Interested in volunteering? Join our walking committee and benefit from 40 weeks of education, training, materials to run the same walks in the country.

Follow in their footsteps ... Give the Ramblers a try!

I started walking with a 12-month walk group, so at first I was a bit of a newbie. But the more I walked, the more I loved it. I was a bit of a newbie, but the more I walked, the more I loved it. I was a bit of a newbie, but the more I walked, the more I loved it. I was a bit of a newbie, but the more I walked, the more I loved it.

Margaret, Helen & David Ramblers

Ramblers groups offer a huge selection of walks and social activities. The Ramblers is the only organisation which makes it possible to have a walk in the park.

John, Ewan & Susan Ramblers

I joined my first Ramblers walk last week, wonderful walk, great people, great and helpful volunteers. I was very proud of myself for joining my first time this week.

Barry, David Ramblers

For more information about the Ramblers, visit our website and discover everything you need to know. www.ramblers.org.uk or call 0800 7338 0080.

Join the Ramblers

0800 7338 0080

Take your next steps with the Ramblers

50% Discount for new members

www.ramblers.org.uk

[illegible]

We support our
members to help
other members
do the the things
they love





Funded by



Ramblers
HOLIDAYS
CHARITABLE TRUST

The most ambitious campaign ever..

Why?

No national picture of the path network

No national information about what type of issues walkers face

We want people to understand, love and protect paths

Big Pathwatch will

Give us data on entire path network, the good & bad, by local authority

Increase engagement

Improve paths; helping more problems to get fixed



Working with partners



COTSWOLD
outdoor



Kids activity sheets



National and regional coverage



Breakfast

Farming Today



Mark Forrest



Final Results

Total Squares	156,557	100%
Squares adopted	91,196	58.25%
Squares completed	75,836	48.44%

- 58,079 Positive features recorded
- 70,088 negative features reported

Registered	14,376
Photos received	46,771
Web visits	92,232
App downloads	17,028
Family packs downloaded	1,042

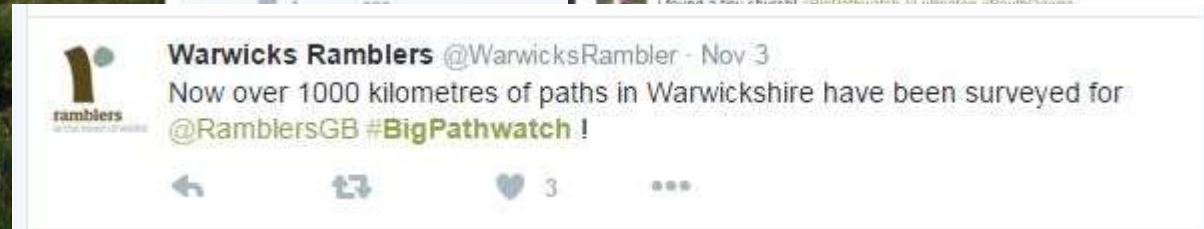
- 66% of participants new to the Ramblers



ramblers

at the heart of walking

Thank you!



The Mission

The guardians of the footpath networks
The advocates of the right to roam
The protectors of the countryside
The champions of walking

And healthy, friendly and fun to go walking with

We must strive to do all of them, everywhere, & forever.



Public benefit statement

The activities currently carried out for the public benefit by the charity can be broadly categorised into the following groups of programmes:

- A country designed for walking
- Helping everyone find their feet
- Connecting people through the Ramblers



Public benefit statement

We deliver our activities in three ways:

- Through the creation and support of structures that allow members to help other members walk and explore the outdoors
- Through direct and indirect delivery especially in relation to work with communities that would benefit most from walking and the delivery of physical improvements to paths
- Supporting volunteers, supporters and members of the public to educate, promote advocate on behalf of walking and the outdoors

A path to follow

Our vision and strategic framework 2015 -2025





Our governance



OWNED BY THE MEMBERS

Individual, affiliates,
Presidents

Individual
members via
delegates
appointed at
area AGMs

Who appoint General
Council

That elects the Board
(and holds them to account
each year)

Board appoint and oversee
Chief Executive who runs
Ramblers day to day

Activities delivered by...

Areas and
Groups

Networks

Staff

accountable to Board through chief executive

OWNED BY THE MEMBERS
Individual, affiliates,
Presidents

General Council

Company
law

Board

General
Council

Views of
members
and public

CHARITY
LAW

Chief Executive

Board

Activities delivered by...

Areas and
Groups

Networks

Staff

accountable to Board through chief executive

How we see it happening

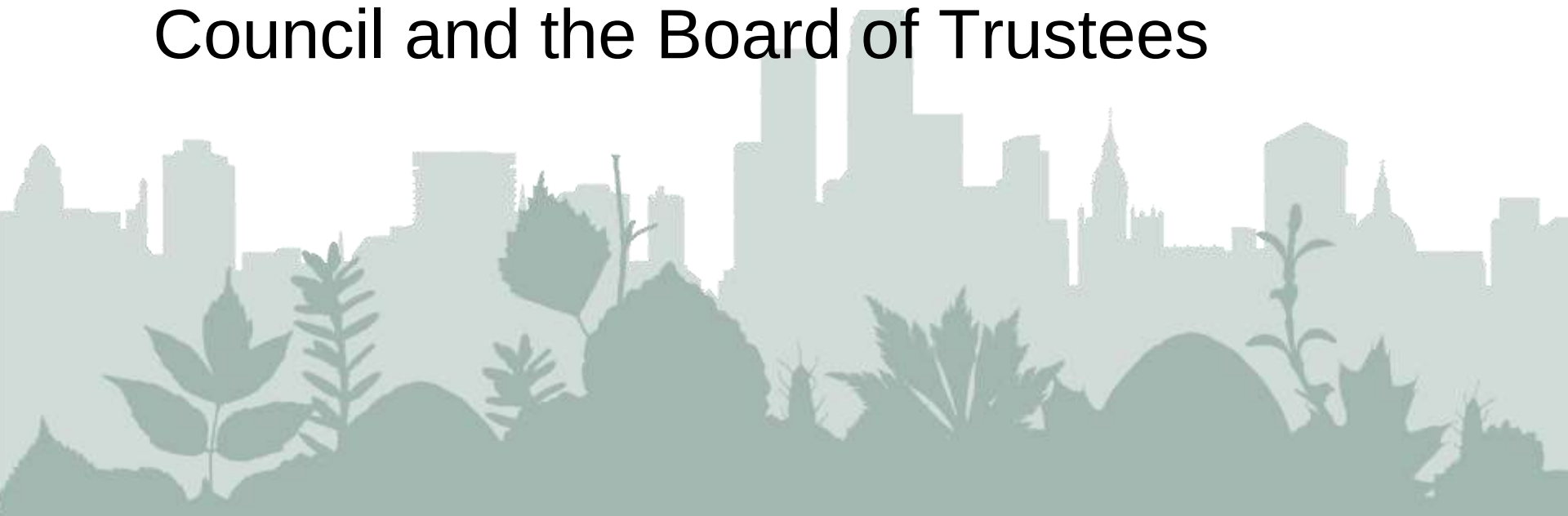
- The Board has decided that it will address the governance changes over a 3 year period
- Which means we now enter a period of ‘constant consultation’
- Not just survey monkey but discussion and debate
- No proposed amendment should come as a surprise
- The Board will seek indicative approval where possible
- Areas & groups remain at the heart of our constitutional arrangements
- An Area Support Officer for England has been appointed

- General Council **2016**
- **NO** substantive changes to existing powers nor arrangements (except the proposal of measures by which members may have benefits of the charity withdrawn under exceptional circumstances)
- Consider short new consultation on Areas & Groups
- Existing consultation closed 31 January 2016
<http://www.ramblers.org.uk/aboutus/ourfuture/governance-consultation>
- A session GC2016 to discuss our way forward
- Sight of modern M&A in everyday English including gender inclusivity

- General Council **2017**
- To consider the proposals regarding constitutional changes to the Areas and Groups



- General Council **2018**
- To consider the proposals regarding constitutional changes relating to General Council and the Board of Trustees





ramblers

at the heart of walking

The impact of walking

Walking is good for our physical health. It reduces the risk of developing heart disease by 35%, colon cancer by 50% and diabetes by 50%.

Walking is good for our mental health. It improves mood and well-being, reduces anxiety, aids sleep and improves self image. Activity lowers the risk of depression by 30%.

Walking can reduce healthcare costs. Physical inactivity costs the country £10bn a year in NHS time, sick days and early death.

Walking supports local economies. In 2011, 6 million visitors to the South West Coast Path National Trail generated £387m for the local economy.

Walking is great for the environment, is free, easy and fun.

Walking is good for your neighbourhood, helping to improve community spirit.



Thank you all



- Happy walking,
- Path Checking, Access defending, footpath maintaining, countryside campaigning, politician lobbying
- AND
- Socialising and above all enjoying yourself

